

NOT JUST OIL

IT IS *h*-oil

ORGANIC NATURAL LIVING



COLD / WOOD PRESSED OILS



UPTO 50% LESS CONSUMPTION



LOADED WITH NATURAL NUTRIENTS



BEST FOR COOKING AND MASSAGING



Yellow Mustard Oil

A Bold Essence of Health and Flavor

Experience the pure essence of our Anvi Natura Yellow Mustard Oil. Anvi Natura Oil is pure, unrefined and wood-pressed. It is made from only mustard seeds, which has not been given any chemical processing. The Produce is sundried and pure rain fed.

THE OIL HAS NO PUNGENT SMELL.

BENEFITS:

- Rich in omega-3 fatty acids for cardiovascular support.
- Natural antimicrobial properties help fight infections.
- Nourishes skin and hair with vitamins and minerals.
- Supports healthy digestion and gut function.
- Adds a robust, pungent taste to dishes, enhancing culinary experiences.

USAGE:

Use mustard oil for cooking, seasoning salads, or as a massage oil for skin and hair benefits. Use for tempering without heating it to smoke level.

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Sesame Oil

A Timeless Elixir for Taste and Wellness

Anvi Natura Sesame oil is a flavorful staple in Asian cuisine and beyond, prized for its nutty aroma and distinct taste. Beyond the kitchen, it holds a revered place in traditional medicine for its potential health benefits, from promoting heart health to nourishing skin and hair.

PRODUCE OF RAIN FED FARMING. NO CHEMICALS

BENEFITS:

- Contains heart-friendly fats that support cardiovascular wellness.
- Moisturizes and nourishes skin for a healthy glow.
- Strengthens hair strands and promotes scalp health.
- Fights free radicals and supports overall health.
- Adds a delicious nutty taste to dishes, enhancing culinary experiences.

USAGE:

Use sesame oil for stir-fries, dressings, skincare, and oil pulling for holistic wellness.

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Almond Oil

Nature's Elixir for Beauty and Flavor

Anvi Natura Almond Oil is a luxurious and versatile oil extracted from nutrient-rich almonds, prized for its nourishing properties in skincare, haircare, and culinary delights. Known for its light texture and mild, nutty aroma, almond oil has been cherished for centuries for promoting radiant skin, healthy hair, and overall well-being.

BENEFITS:

- Moisturizes and softens skin, reducing dryness and irritation.
- Strengthens hair strands, promotes growth, and adds shine.
- Soothes and nourishes the scalp, reducing dandruff and itchiness.
- Rich in antioxidants, almond oil helps combat signs of aging like wrinkles and fine lines.
- Adds a delicate nutty flavor to dishes and is a healthy cooking oil option.

USAGE:

Apply almond oil topically for skin and hair benefits, or use it in cooking for a light, nutty flavor.

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Coconut Oil

Nature's Multi-purpose Miracle For Health and Beauty!

Anvi Natura Coconut Oil is pure, unrefined and wood-pressed, it is made only from coconuts which has not been given any chemical processing.

COCONUT USED IS 100% SUN DRIED AND WITHOUT SULPHUR.

BENEFITS:

- Supports heart health with beneficial fatty acids.
- Nourishes and hydrates skin naturally.
- Promotes shine and strengthens hair strands.
- Fights harmful bacteria and supports oral health.
- Ideal for high-heat cooking and flavorful recipes.

USAGE:

Use coconut oil for cooking, skin moisturizing, hair conditioning, oil pulling, and as a natural makeup remover.

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Groundnut Oil

Nature's Multi-purpose Miracle For Health and Beauty!

Anvi Natura Groundnut oil is pure, unrefined and wood -pressed, it is made only from Groundnut which has not been given any chemical processing. This oil is loaded with health.

BENEFITS:

- Groundnut oil is a good source of monounsaturated and polyunsaturated fats.
- Groundnut oil can help lower bad cholesterol levels and reduce the risk of heart disease.
- This oil is a good source of vitamin E, a powerful antioxidant that protects cells from damage caused by free radicals.
- Groundnut oil contains phytochemicals that can help boost the immune system and protect against infections. It is a good source of vitamin E.
- Some research suggests that groundnut oil may help improve blood sugar control in people with diabetes.

USAGE:

Groundnut oil is a popular choice for cooking due to its high smoke point and neutral flavor. It can be used for sauteing, baking, and more. **BEST FOR FRYING.**

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- (2) Sec. 46, Gurugram, Haryana.**
- (3) US Office, Perrysburg, Ohio (USA)**

